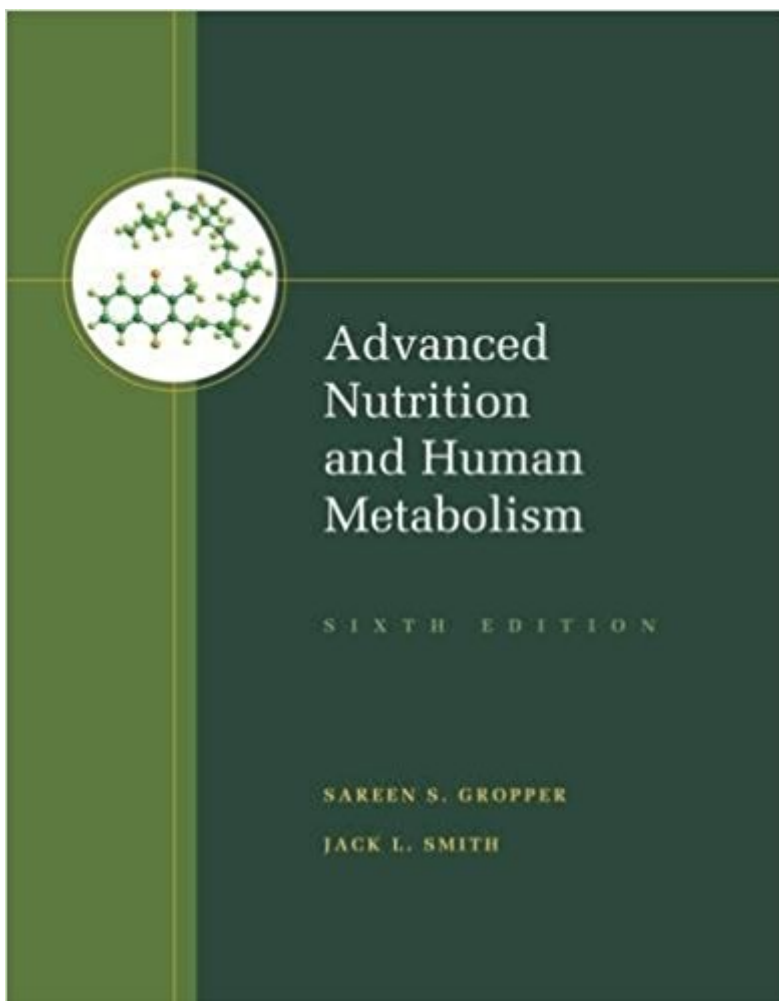


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# Advanced Nutrition And Human Metabolism



## Synopsis

Current, comprehensive, and designed to maximize clarity of the concepts you need to know, longtime best seller **ADVANCED NUTRITION AND HUMAN METABOLISM, SIXTH EDITION** delivers its signature quality content in a student-friendly presentation. This text is accessible, with relevant examples, illustrations, applications, tables, and figures to emphasize key concepts. The authors have thoroughly updated the art for this edition by adding several new figures and improving accuracy and clarity of the existing ones. This text continues to set the standard through the authors' ability to clearly and accurately explain even the most complex metabolic processes and concepts. It's the only book written for undergraduates that consistently stays at that level. Providing thorough and detailed coverage, the text equips you with a solid understanding of digestion, absorption, and metabolism of fat, protein, and carbohydrates. It covers the biochemistry of vitamins, minerals, and energy nutrients. It also examines the structure and function of water-soluble and fat-soluble vitamins and their regulatory role in metabolism, looks at electrolyte and fluid balance, and covers the role of nutrition in the development or exacerbation of chronic disease. With **ADVANCED NUTRITION AND HUMAN METABOLISM, SIXTH EDITION**, you are well prepared as you continue your journey in the field of nutrition.

## Book Information

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## Customer Reviews

"The Gropper book fulfills my needs for a concise compilation of the biochemistry of nutrition. Some of the diagrams are outstanding and really convey the important aspects of the pathways being

illustrated."

Sareen Gropper is a professor with the College of Nursing at Florida Atlantic University; she also has a secondary appointment with the University's College of Medicine. Dr. Gropper is a Registered Dietitian and has expertise in nutrient metabolism as well as medical nutrition. Jack Smith was Professor and Chair of the nutrition department at the University of Delaware. He is now retired. Metabolism is his area of expertise.

Advanced Nutrition and Human Metabolism is an excellent resource for my PhD program in nutrition.

Book was purchased used but was in EXCELLENT condition when I received it. The only drawback I have is that I don't think I have an updated link for the Study Guide. I only have it for the 5th edition. Great resource for future reference as well.

Assumes that reader is on a very advanced level already and lacks some key explanatory information. It seems to be written on a level 5 when a level 5 with detailed explanation would be better. Some receptors, processes, and pathways (mechanism) especially should be expanded upon. Seller item as described, no issue with seller.

HAS JUST THE RIGHT AMOUNT OF DETAIL, AUTHOR IS QUITE KNOWLEDGEABLE, BUT CAN PUT IN INTO SIMPLE LANGUAGE, THAT AN UNDERGRADUATE CAN UNDERSTAND

Helpful for my advanced nutrition class but a bit hard to follow. I found myself often having to re-read paragraphs often. Good information to help further your education though.

I needed this book for a college class. Saved money by purchasing on Amazon and getting the kindle book for only \$9 more is awesome. The kindle version works much better than Cafe Scribe or Brightwave.

Great book for my class between this book and the teacher explanation it is easy to understand

Awesome book. Lots of detail very clear and concise

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